

Benedictio Mensæ

Latin sacred text

Blessings before and after meals

Benedíc,	Dómine,	nos	et	hæc	túa	dóna
[bɛ.nɛ.'dɪk	'dɔː.mi.nɛ	nɔs	ɛt	ɛk	'tuː.ɑ	'dɔː.nɑ]
Bless,	Lord,	us	and	these	your	gifts

quæ	de	túa	largítate	súmus	súpturi.
[kwe	dɛ	'tuː.ɑ	lar.dʒi.'taː.tɛ	'suː.mus	'sum.ptu.ri]
which	from	your	bounty	will-be	received.

Per Chrístum Dóminum nóstrum. Amen.

Ante prándium;
Ménsæ cœléstis párticipes fáciat nos,
Rex ætérnæ glóriæ. Amen.

Ante cénam;
Ad coénam vítæ ætérnæ perdúcat nos,
Rex ætérnæ glóriæ. Amen.

The entire text to this title with the complete
IPA transcription and literal translation is available for download.

Thank you!

